

North District Country Relay Championships (Men)

Scottish Athletics Federation/Scottish Athletics Ltd

2025-6	1	Inverness H	49.55	Ruairidh Stirling	Robin Regan	Stephen Mackay	Luke Davidson
	2	East Sutherland AC	50.51	Blair Mackay	Ruairidh Gollan	Finlay Murray	Ross Gollan
	3	Moray RR	54.04	James Wilson	Colin McRae	Andrew Jones	Alistair MacWilliam
2024-5	1	Inverness H	50.13	Louis Ratcliffe	Donnie Macdonald	Stephen Mackay	Luke Davidson
	2	East Sutherland AC	50.26	Gordon Lennox	Blair Mackay	Alasdair Couper	Ruairidh Gollan
	3	Moray RR	53.23	James Wilson	Colin McRae	Andrew Jones	Matthew Blunden
2023-4	1	East Sutherland AC	47.03	Finlay Murray	Ruairidh Gollan	Alasdair Couper	Ross Gollan
	2	Moray RR	49.15	Kenneth Wilson	James Wilson	Colin McRae	Ben Livesey
	3	Inverness H	51.13	Donnie MacDonald	Paul Paterson	Peter Fraser	Stephen Mackay
2022-3	1	Inverness H	46.14	Stephen Mackay	Angus Smith	Lucas Cairns	Luke Davidson
	2	Moray RR	46.39	Kenneth Wilson	Matthew Blunden	Ben Livesey	James Wilson
	3	Highland HR	51.57	Ryan Mackenzie	Eoin Coull	Wullie Nicolson	Robbie Paterson
2021-2	1	Inverness H	47.57	John Newsom	Lucas Cairns	Stuart Gardiner	Luke Davidson
	2	Moray RR	48.17	Kenneth Wilson	James Wilson	Gareth Jenkins	Ewan Davidson
	3	East Sutherland AC	49.36	Finlay Murray	Keith Buchan	Ruairidh Gollan	Blair Mackay
2020-1	No Championship due to Covid-19 pandemic						
2019-20	1	Moray RR	51.54	Gareth Jenkins	Kenneth Wilson	James Wilson	Ewan Davidson
	2	Highland HR	52.57	Ally Beavan	Rob Sinclair	Jack Ward	Andrew Gilmore
	3	Inverness H	53.03	Cameron Young	Stuart Gardiner	Luke Davidson	John Newsom
2018-9	1	Inverness H	53.00	Michael O'Donnell	Luke Williams	Stephen MacKay	Donald MacDonald
	2	Moray RR	53.19	Gareth Jenkins	James Wilson	Paul Taylor	Ewan Davidson
	3	East Sutherland AC	55.40	Eoghann Gollan	John Forbes	Ruairidh Gollan	Finlay Murray
2017-8	1	Inverness H (A)	51.27	Michael O'Donnell	Luke Williams	Donald MacDonald	John Newsom
	2	Moray RR	52.32	Colin Green	James Wilson	Gareth Jenkins	Kenneth Wilson
	3	Inverness H (B)	56.18	Finlay MacLennan	Dean Kane	Antony Golabek	Derek Mackenzie
2016-7	1	Inverness H	51.01	Stephen MacKay	Gordon Lennox	James Geddes	Craig Campbell
	2	Moray RR	52.11	Colin Green	Paul Taylor	Gareth Jenkins	Kenneth Wilson
	3	East Sutherland AC	52.30	Ross Bannerman	Blair Mackay	Ruairidh Gollan	Ross Gollan
2015-6	1	Inverness H	54.06	Craig Campbell	Andy MacRae	Donald MacDonald	Gordon Lennox
	2	East Sutherland AC	54.50	Laim Barnsby	Blair Mackay	Ross Bannerman	Ross Gollan

	3	Highland HR	56.20	Sam Hesling	Luke Taylor	Gavin Whiteside	Jack Trevelyan
2014-5	1	Inverness H	52.48	Andrew MacRae	Donald MacDonald	Stephen Mackay	Craig Campbell
	2	Highland HR	53.26	Sam Hesling	Ross Campbell	Henry Blake	Jack Trevelyan
	3	Stornoway RAC	55.09	Murdo MacKenzie	Robert Jones	Jonny Pritchard	William McRury
2013-4	1	Forres H	47.59	Stan McKenzie	Paul Rogan	Robert Paterson	Gordon Lennox
	2	Inverness H	48.19	Craig Campbell	Andrew Macrae	Stuart Michael	Stephen Mackay
	3	Moray RR	49.33	Gareth Jenkins	Paul Taylor	Colin Green	Kenny Wilson
2012-3	1	Forres H	66.12	Gordon Lennox	Geraint Watkins	Robert Paterson	Eric Kinyanjui
	2	Highland HR	67.36	Douglas MacDonald	Andrew Wilby	Ross Bannerman	David Wilby
	3	North Highland H	71.14	Jack Trevelyan	Andrew Tait	Kevin Cormack	David Spencer

2011-2	1	Forres H	62.40	Lloyd Galentree	Graeme Bartlett	Gordon Lennox	Robert Paterson
	2	Highland HR	64.31	Andrew Wilby	Ross Bannerman	Graeme Campbell	David Wilby
	3	Stornoway RAC	65.27	Andrew MacKenzie	William MacRury	Johny Pritchard	Stewart Chalmers
2010-1	1	Forres H	55.09	Robert Patterson	Robbie Patterson	Kyle Grieg	Lloyd Gallabtree
	2	Inverness H	57.47	Thomas McWilliam	Thomas Grant	Brian MacKenzie	Andrew MacRae
	3	Moray RR	60.08	John Goodall	Nick Brown	Jeremy Whittet	Frank Barton
2009-10	1	Forres H	63.03	Graeme Bartlett	Paul Rogan	David Adam	Ben Livesey
	2	Keith & District AC	63.21	Steven Cox	Nick Brown	Jeremy Whitlock	Frank Barton
	3	Inverness H	71.19	William Skinner	James Meehan	George Mitchell	Graeme Campbell
2008-9	1	Highland HR	67.51	Ross Bannerman	Frances Williams	Daviod Cummins	Graeme Campbell
	2	Keith & District AC	68.11	Nick Brown	Ross Arbuckle	John Goodall	Michael Stewart
	3	Moray RR	69.45	George Sim	Simon Dobbs	Colin Green	Robert Gammack
2007-8	1	Keith & District AC	50.53	Steven Taylor	Michael Stewart	Ross Arbuckle	John Goodall
	2	Forres H	51.55	Paul Rogan	Andrew Ross	David Adam	Graeme Bartlett
	3	Inverness H	52.15	Andrew MacRae	Ian Allan	William Skinner	Steven Worsley
2006-7	1	Forres H	59.50	David Adam	Andrew Ross	Paul Rogan	Kyle Greig
	2	Keith & District AC	60.12	Steven Taylor	Steven Gill	Ross Arbuckle	Michael Stewart
	3	Stornoway RAC	61.06	Alastair Dunlop	Andrew MacKenzie	Andrew MacMahon	Malcolm Bain
2005-6	1	Moray RR	55.56	George Sim	Steven Reeve	Brian Foreman	Marc Afford
	2	Forres H	56.04	Paul Rogan	Kyle Greig	Andrew Ross	Michael Howell
	3	Keith & District AC	56.17	John Goodall	Steven Gill	Ross Arbuckle	Frank Barton
2004-5	1	Moray RR	59.39	George Sim	Martin Flynn	Brian Foreman	Andrew Clark
	2	Forres H	60.02	Andrew Ross	David Adam	Paul Rogan	Kyle Greig
	3	Inverness H	62.22	Stanley MacKenzie	Steven Worsley	William Skinner	Thomas McWilliam
2003-4	1	Forres H	50.47	Paul Rogan	Brian Law	David Adam	Graeme Bartlett
	2	Keith & District AC	51.13	Jeremy Whittet	Frank Barton	Michael Stewart	Ross Arbuckle
	3	Moray RR	52.22	Raymond Hardy	Ewan Paterson	Andrew Clark	Brian Foreman
2002-3	1	Keith & District AC	51.56	Steven Gill	Michael Stewart	Frank Barton	Ross Arbuckle
	2	Moray RR	52.59	Raymond Hardy	Brian Foreman	George Sim	Martin Flynn
	3	Forres H	53.19	Fraser Cartmell	Douglas Cowie	Andrew Ross	Paul Rogan

2001-2	1	Keith & District AC	49.21	Steven Gill	Frank Barton	Michael Stewart	Ross Arbuckle
	2	Forres H	49.39	Paul Rogan	Douglas Cowie	Paul Matheson	Graeme Bartlett
	3	Moray RR	50.05	George Sim	Colin Dempster	Brian Foreman	Martin Flynn
2000-1	1	Inverness H	51.21	Stanley MacKenzie	Eric Riddle	Andrew Wright	Simon MacIntyre
	2	Keith & District AC	51.34	William Johnstone	Frank Barton	Ross Arbuckle	Simon Pride
	3	Moray RR	53.50	George Sim	Ewan Paterson	Martin Flynn	Raymond Hardy
1999-2000	1	Inverness H	57.31	Simon MacIntyre	Douglas Flynn	Andrew Wright	Stanley MacKenzie
	2	Keith & District AC	57.46	Michael Turner	William Johnstone	Ross Arbuckle	Simon Pride
	3	Moray RR	63.47	Cameron Preece	Ewan Paterson	David Stewart	Raymond Hardy
1998-9	1	Keith & District AC "A"	50.15	Simon Pride	Ross Arbuckle	William Johnstone	Frank Barton
	2	Forres H	52.07	Andrew Beattie	Niall Cameron	Graeme Bartlett	Douglas Cowie
	3	Moray RR	52.58	George Sim	Ewan Paterson	Brian Foreman	Andrew Munro
1997-8	1	Keith & District AC "A"	60.08	William Johnstone	Brian Law	Simon Pride	Frank Barton
	2	Keith & District AC "B"	64.20	Andrew Phillips	Steven Gill	Andrew Newlands	Herald Wright
	3	Moray RR	65.14	Ewan Paterson	Brian Foreman	G Bain	David Stewart
1996-7	1	Keith & District AC	51.06	Steven Gill	Simon Pride	Ross Arbuckle	Frank Barton
	2	Moray RR	52.37	Martin Flynn	Jonathon Cowie	Kevin Prosser	George Sim
	3	Peterhead AAC	52.53	Darren Strachan	James Mundie	R Morrice	Alan Reid
1995-6	1	Keith & District AC	53.15	Simon Pride	William Johnstone	Ross Arbuckle	Frank Barton
	2	Inverness H	53.41	Brian Fieldsend	Alan Murchison	John Bowman	Graham Herbert
	3	Moray RR	55.08	Stuart Paterson	George Sim	Graeme Milne	Ross Milne
1994-5	1	Lochaber AC	53.48	John Brooks	Billy Rodgers	David Rodgers	Michael Dixon
	2	Moray RR	54.15	George Sim	Ross Milne	Graeme Milne	Quentin D'Arcy
	3	Keith & District AC	54.57	Steven Gill	William Johnstone	Ross Arbuckle	Frank Barton
1993-4	1	Inverness H	52.37	John Bowman	Graham Herbert	Stanley MacKenzie	Alan Murchison
	2	Moray RR	53.39	George Sim	Martin Flynn	Graeme Milne	Eric Grant
	3	Keith & District AC	54.05	Frank Barton	Steven Gill	Ross Arbuckle	William Johnstone
1992-3	1	Forres H	49.30	Derek Cruickshank	Bruce Chinnick	Paul Mathieson	Graeme Bartlett
	2	Inverness H	50.09	Graham Laing	David Watson	John Bowman	Grant MacDowell
	3	Moray RR	50.20	Eric Grant	Allan Stewart	Graeme Milne	George Sim

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1991-2	1	Forres H	50.09	George Reynolds	Graeme Burgess	Graeme Barklett	Bruce Chinnick
	2	Moray RR	50.55	Michael Wright	Allan Stewart	Martin Flynn	George Sim
	3	Lochaber AAC	51.27	Philip Hughes	Stephen Burns	Billy Rodgers	Michael Dixon
1990-1	1	Lochaber AAC	60.37	Philip Hughes	Billy Rodgers	Michael Dixon	David Rodgers
	2	Moray RR	61.10	Graeme Milne	Allan Stewart	Colin Hunter	George Sim
	3	Inverness H	64.16	George Mitchell	Paul Crowe	Nigel Cox	Graham Herbert
1989-90	1	Inverness H	51.44	Colin Maclean	Grant MacDowell	John Bowman	Stanley MacKenzie
	2	Moray RR	52.18	George Sim	Allan Stewart	Martin Flynn	Colin Hunter
	3	Lochaber AAC	53.56	Michael Dixon	David Rodgers	Joseph Beagrie	Billy Rodgers
1988-9	1	Forres H	54.52	Karl Yost	Ian Johnston	Andrew Pratt	Bruce Chinnick
	2	Coasters	55.52	Ray Aitken	Michael Wright	Kevin Reid	Alan Reid
	3	Moray RR	56.14	Perry Allan	Alan Stewart	George Sim	Martin Flynn
1987-8	1	Lochaber AAC	49.45	Iain Smith	Michael Dixon	David Rodgers	Scott MacMillan
	2	Caithness AAC	50.41	Andrew Scollay	Alastair McDonald	Stephen Wright	William Miller
	3	Elgin AAC	51.29	Martin Flynn	Donald Gunn	Sandy Dalzeil	Michael Wright
1986-7	1	Elgin AAC	51.36	Christopher Armstrong	Michael Wright	Donald Gunn	Alexander Moffat
	2	Inverness H	52.44	John Bowman	Gordon Crawford	Stuart Baird	Simon Garland
	3	Lochaber AAC	54.47	Iain Smith	M Heron	R Forbes	David Rodgers
1985-6	1	Elgin AAC "A"					
	2						
	3	Elgin AAC "B"					
1984-5	1	Inverness H "A"		Neil Martin	Robert MacDonald	Simon Axon	Brian Turnbull
	2	Forres H		Donald Ritchie	Ian Moncur	Iain MacKenzie	Michael McCulloch
	3	Inverness H "B"					
1983-4	1	Inverness H	52.05	Brian Turnbull	Robert MacDonald	Les Hunter	Paul Kenny
	2	Forres H	53.23	Robert Cowie	Michael McCulloch	Iain MacKenzie	Neil Martin
	3	Elgin AAC	54.21	Raymond Cameron	Michael Turner	Michael Francis	Alexander Moffat
1982-3	1	Forres H					Neil Martin?
	2	Inverness H					Donald MacMillan?
	3						

1981-2	1	Forres H	54.16	Andrew Smith	Donald Ritchie	Iain MacKenzie	Donald McLean
	2	Inverness H	55.23	Innis Mitchell	Les Hunter	Kevin MacKintosh	Brian Turnbull
	3	RAF Moray	58.27				
1980-1	1	Forres H	57.12	Donald McLean	Donald Ritchie	Michael McCulloch	Iain MacKenzie
	2	Lochaber AAC	57.16	Andrew Stubbs	Ronald Campbell	Robert Boswell	Brian Kirkwood
	3	Inverness H	61.17	Brian Turnbull	Ross MacDonald		
1979-80	1	Inverness H	51.54	Brian Turnbull	Innis Mitchell	M McCausland	Robert MacDonald
	2	Forres H	52.39	Derek McLean	Michael McCulloch	Michael Scott	Iain MacKenzie
	3	Caithness AAC	55.31	David Taylor	Christopher Voice	Andrew Moore	John Will
1978-9	1	Forres H	52.39	Don Ritchie	Iain MacKenzie	Andrew Smith	Graeme Milne
	2	Inverness H	53.55	Donald McMillan	Innes Mitchell	Phillippe Grist	Ross MacDonald
	3	RAF Moray	56.32				
1977-8	1	Forres H				Don Ritchie	Iain MacKenzie
	2	Inverness H		Innes Mitchell	Donald McMillan		Ian Johnstone
	3	RAF Moray		Bill Toner?			
1976-7	1	Forres H	52.54	Ian Mackenzie	Donald McLean	Michael Scott	Donald Ritchie
	2	Inverness H	54.41	Brian Turnbull	Charles Bannerman	Michael McCausland	Peter Thomson
	3	RAF Moray	56.24	P Vidler	B Mackenzie	K McSkilly	D Mashiter